

## Living Wisdom: Evolving Principles to Live By

*The only being over whom I have influence is myself. Living my life according to this personal code of conduct may be the best I can do. Accordingly, the following represent a discipline I struggle to live by. I am my own project.*

Strive to live in awe, in wonder, in gratitude, in reverence, in yearning for Consciousness.

Know yourself. Live to the best of your ability and with purpose. Freedom means choosing change over slavery and idol (different with every age and every person) worship. Accept graciously the state of pain, chaos and flux that leads to growth. Illness is the best teacher.

Age with pleasure. Aim for patience, recognition and passionate indifference.

Never look back. What is gone is past. Mourn if you must, then move on. Happiness is an attitude.

Always resist a bully. Never back down. Better to die on your feet than on your knees. Never accept the unacceptable, even if trivial. Negotiation for resolution is best. However, if you decide to fight, fight to the finish, and win decisively.

Establish clear boundaries for your Self (not ego), not to be breached by anyone. Such clarity is foundational to a good relationship. When conflict with another becomes inevitable, when rational discourse has not led to resolution, give three reasoned warnings, then move away from the relationship.

Love is not unconditional.

Courage is having remained whole at the end of the day.

*Life may tend to Consciousness. Consciousness may be a property of the universe. Faith is a conscious decision.*

